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| DIABETES EMERGENCYMANAGEMENT | [current photo here] |
| [full name] Age: [age] Grade: [grade or class] |
| **Sickness or Injury** |
| Watch for signs of Low BSL. Do not leave [name] alone – adult supervision is required at all times. |
| **Unresponsive** |
| Rub honey onto gums inside mouth. Honey located in front pocket of backpack. Call Health Centre [phone number] to attend and manage [name]. Do not leave [name] alone – adult supervision is required at all times.If the Health Centre is not available then call [initials of nurses or staff]. |
| **Unconscious** |
| If [he/she] is unable to be roused call Health Centre immediately. If the Health Centre is not available then call [initials of nurses or staff].Give **Orange Glucagon** injection: located in the front pocket of backpack. Inject fluid into powder, shake, draw up ½ of the liquid, inject into thigh. Call an ambulance – [emergency number]. State it is a Diabetic Emergency. Do not leave [name] alone – adult supervision is required at all times. |
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| Signs of ***low blood sugar*** |
| Hunger, Pale appearance, Sweating, Drowsiness, Changes in mood/behaviour, Lack of coordination or balance, Vagueness, Irritability**If [name] has a BSL less than 4.5 follow the Diabetes Action Plan** |
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| Signs of ***high blood sugar*** |
| Thirsty, Irritable, Frequent visits to the toilet**If [name] has a BSL greater than 15, follow the Diabetes Action Plan** |
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| To call an ambulance |
| Dial [emergency number] on a mobile/cell phoneState it is a Diabetic Emergency[name] has a mobile phone in her backpack – press black middle key, then \* to unlock |
|  |
| Contacts |
| **Mum:** [contact details] | **Dad:** [contact details] |
| **Health Centre:** [contact details] | [initials of nurses or staff and their extensions] |

*Sample supplied by* [*ManageBGL.com*](http://www.ManageBGL.com)*, a SmartPhone-based system for predicting blood sugars 3 hours ahead*